

## **National Breastfeeding Week Events 2018**

### **Carlow**

Event: La Leche League Carlow coffee morning

Where: Teddy's Café in the Fairgreen shopping Centre

When: Thursday October 4<sup>th</sup> from 10.30am.

### **Cavan**

An information stand will be in the front hall of Cavan General Hospital during National Breastfeeding Week

Event: Coffee Morning for all mothers in the area

Where: Conference Room Cavan General Hospital

When: Tuesday 2<sup>nd</sup> October 10.30-12.30

Event: Belturbet Peer Support Breastfeeding Group coffee morning

Where: Goods Store, Belturbet Railway, Belturbet

When: Monday, 1 October from 10:00 - 11:30 hrs

Event: Traveller Breastfeeding Awareness Morning to launch Traveller Breastfeeding Resource.

Where: Extern's Cavan Traveller Primary Health Care Project Ballinagh Road, Cavan,

When: Wednesday October 3<sup>rd</sup> 10.30 to 12.30am,

Event: Cavan Monaghan Supporting Breastfeeding Conference

Where: Errigal Hotel. Cootehill, Co. Cavan

When: Tuesday 16<sup>th</sup> October 10am.

Event: Coffee Morning to mark the 3 year anniversary of the Virginia Breastfeeding Peer Support Group.

Where: Church of Ireland Hall, Virginia

When: Wednesday 3<sup>rd</sup> October 10am – 11.30am

## **Cork**

Event: Mother and Baby Information Day

Where: The Hibernian Hotel Mallow.

When: Monday 1<sup>st</sup> October 10am-4pm.

Event: CUMH Breastfeeding Support Group Coffee Afternoon

Where: SMA Hall (across from the hospital)

When: Tuesday 25<sup>th</sup> September 2-4pm

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Cork City Library

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Promotional Stand in the hospital foyer

Where: CUMH

When: 1 – 7 October

Promotion of the Lactation Room for CUMH/CUH staff who have returned to work and who wish to express their milk as an important investment in their child's health.

## **Clare**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Kilaloe Hotel (Library Room)

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: La Leche League Ennis, Loughderg and Shannon– The Clare Coffee morning

Where: Peckish, Markey Square, Ennis

When: Thursday October 4<sup>th</sup> at 10 am.

Event: feeding Clinic

Where: Nurses Home, Ennis General Hospital

When: Tuesday 2nd October, 13.30-16.00pm.

Event: Breastfeeding Support Group

Where: Springboard , Harmony Row, Ennis.

When: Thursday 4th October, 11am-12md

Event: Breastfeeding Support Group.

Where: Stella Maris, Kilfenora Rd., Lisdoonvarna

When: Thursday 4th Oct, 11am-12md

Event: Breastfeeding Support Group

Where: Kilrush Health Centre

When: Thursday 4th October 11-12md

## **Donegal**

Event: La Leche League Donegal coffee morning

Where: See La Leche League Donegal Town on Facebook for details.

When: Saturday October 6<sup>th</sup>

Event: La Leche League Inishowen invite you to a Breastfeeding Café

Where: Whiteoaks Organic Centre Café, Muff.

When: Wednesday October 3<sup>rd</sup> 10.30am

**Additional Events guide for Donegal at end**

## **Dublin**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Swords Esquires Coffee House

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Santry Gourmet Food Parlour, Northwood.

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Tallaght, Rua Red.

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Coffee Morning

Where: Sallynoggin Health Centre

When: Monday 1<sup>st</sup> October 11-12md

Event: Balbriggan Primary Care Centre coffee morning to support National Breastfeeding Week

Where: The Brackencourt Hotel, Balbriggan

When: Wednesday 3<sup>rd</sup> of October at 11am.

Event: Coffee Morning

Where: Blackrock Health Centre

When: Tuesday 2<sup>nd</sup> October 11-12md

Event: Coffee Morning

Where: Dalkey Health Centre

When: Tuesday 2<sup>nd</sup> October 11-12md

Event: Coffee Morning

Where: Cabinteely Health Centre

When: Wednesday 3<sup>rd</sup> October 11-12md

Event: Coffee Morning

Where: Dun Laoghaire Health Centre

When: Wednesday 3<sup>rd</sup> October 11-12md

Event: Coffee Morning

Where: Stillorgan Health Centre

When: Thursday 4<sup>th</sup> October 11-12md.

Event: Coffee morning

Where: Vernon Avenue, Clontarf, Dublin 3.

When: Tuesday 2<sup>nd</sup> October 10.00 until 12.00 sharp

Contact: Breda (01) 8539529

Event: Coffee morning

Where: St Cronin's Parish Centre, Brackenstown Road

When: Wednesday 3<sup>rd</sup> of October. 11.30-13.30

(Facilitated by the PHNs from Swords Health Centre).

Event: Tea and Coffee morning for National Breastfeeding Week

Where: Carlton Hall, Shelmartin Ave, Marino, Dublin 3

When: Tuesday the 2<sup>nd</sup> October 11-12.30.

Event: Cuidiú Dublin South East Breastfeeding Support Coffee Morning

Where: St Brigid's Resource Centre, Cabinteely

When: Thursday 4<sup>th</sup> October 10-12md.

Contact: [cuidiudsebreastrep@gmail.com](mailto:cuidiudsebreastrep@gmail.com)

Event: Cuidiú Dublin South East - Latching On in celebration of National Breastfeeding Week

Where: Rochestown Lodge Hotel

When: Saturday 6<sup>th</sup> October 11-12.30 (Latch on at 11.30)

Contact: Clare 086 8585899

Event: Tandem Feeding Experience - Sharing Morning

Where: Members home

When: Saturday 13<sup>th</sup> October at 10am.

Contact: Aga 085 133 6896.

Event: La Leche League Dodder Valley morning meeting

Where: See La Leche League Dodder Valley Group on Facebook for details.

When: Friday October 5<sup>th</sup>

Bigí linn ó 10am le haghaidh La Leche League trí Ghaeilge.

Event: La Leche League Portobello meeting. The theme of the meeting is 'The Benefits of Breastfeeding'.

Where: Christchurch Hall, Rathgar, Dublin 6

When: Wednesday October 3<sup>rd</sup> at 8pm.

(Mums, Mums to be and little ones are welcome to join us)

Event: La Leche League Trinity coffee morning

Where: The Pavilion, Trinity College Dublin

When: Thursday October 4<sup>th</sup> at 10.30 am.

Events in Rotunda Maternity Hospital

When: 1-7<sup>th</sup> October There will be an information stand in the main reception.

Event: Breastfeeding presentation and information stand

Where: Pillar Room Rotunda during the Rotunda Open Day

When: Sunday 7<sup>th</sup> October. Morning and Evening

1-7<sup>th</sup> October. Every mother who gives birth in the Rotunda Hospital during this week will receive a pack of knitted hats, cardigans/blankets.

1-7<sup>th</sup> October. Mothers with babies in the NICU will receive a cooler bag to transport their expressed breastmilk from home to the Rotunda.

Event: A coffee morning will be held on for breastfeeding Mums and babies.

Where: Rotunda Hospital

When: Thursday 4<sup>th</sup> at 11.30.

Event: A party for breastfeeding mothers

Where: Boardroom National Maternity Hospital

When: Thursday 4<sup>th</sup> October 1-3pm

Education Sessions National Maternity Hospital (All sessions 15-20 minutes in duration).

Date	Time (All sessions 15-20 minutes)	Topic of Discussion	Facilitator	Venue
Monday 1 <sup>st</sup> Oct	2pm and 2.30pm	Lactation and loss: advise to support bereaved mothers	Denise Mc Guinness	Resource room Fitzwilliam
	3pm	Latch on session Challenging situations	Rosie Murtagh	Resource room Fitzwilliam
	3pm	Using pumps in the NICU Q and A	Denise Mc Guinness	NICU Parents room
Tuesday 2 <sup>nd</sup>	2pm	Breastfeeding Position and attachment	Rosie Murtagh	
	2.30pm	workshop hand expression best techniques	Helen Batson	NICU Parents room
	3pm	Breastfeeding Position and attachment	Rosie Murtagh	NICU Parents room
Wednesday 3 <sup>rd</sup>	2pm	PRIME study Preterm infants need milk early	Lorraine O' Hagan	Resource room Fitzwilliam
	3pm	Breastfeeding Positioning and attachment	Lorraine O' Hagan	NICU Parents room
Thursday 4 <sup>th</sup>	3pm	Optimising supply for the mother of a premature baby	Helen Batson	NICU Parents room



	4pm	Skin to skin contact: Discussion on Dr Nils Bergman's visit	Lorraine O' Hagan	Resource room Fitzwilliam
Friday 5 <sup>th</sup>	2pm	Pump tips for staff for premature babies	Helen Batson	NICU Parents room
	3pm	Antenatal harvesting of colostrum	Denise Mc Guinness	Resource room Fitzwilliam

**Event: Lunch Time Talk on Breastfeeding by Sue Jameson IBCLC**

**Where: CLD Lecture Theatre, Centre for Learning and Development, Tallaght University Hospital**

**When: Tuesday 2<sup>nd</sup> October 1-2 pm.**

**Event: Presentation on Antenatal Nutritional Health**

**Where: NCH Tutorial Room, National Children's Hospital, Tallaght University Hospital**

**When: Thursday 4<sup>th</sup> October 12.30-1.30.**

**Event: Public Health Nurses in Dublin South East are hosting an event to celebrate National Breastfeeding week**

**Where: Jamie Oliver's restaurant Dumdum town centre**

**When: Wednesday next week October 3<sup>rd</sup> at 11.30am.**

## **Galway**

**Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018**

**Where: Galway City Library**

**When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am**

**For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)**

**[www.facebook.com/groups/1538998769679910/permalink/2189200901326357/](http://www.facebook.com/groups/1538998769679910/permalink/2189200901326357/) or contact Tara on (085) 1837411**

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Athenry Primary Care Centre

When: Tuesday 2<sup>nd</sup> October 1-2pm.

Events in University College Hospital Galway

When: 1-7<sup>th</sup> October There will be an information stand in the main reception.

Event: Claire Cellarius, Breast Feeding/Lactation Specialist, Midwife and Carmel Connolly CMM II, UHG will be speaking about breastfeeding with Keith Finnegan Galway Bay FM.

Where: Galway Bay FM

When: Monday 1<sup>st</sup> October

Event: The Natural Way", Transition Year student event promoting breastfeeding for the next generation of parents.

Where: UCHG Maternity unit,

When: Wednesday 3<sup>rd</sup> October and Thursday 4<sup>th</sup> October

Event: Supermarket Nutrition Tour – improve the health of your weekly shop in a Galway City Supermarket for breastfeeding mothers. Not sure which foods are healthy? Would you like some free expert advice on how to make sense of food labels so you can eat healthier? Come shop with me and learn how to make healthier food choices when breastfeeding and throughout life.

When: Tuesday 2<sup>nd</sup> October 12.30-1.30pm

Further information from the HSE Community Nutrition & Dietetic Service 091-861186

Event: Supermarket Nutrition Tour in a Galway City Supermarket for pregnant ladies. Not sure which foods are healthy? Would you like some free expert advice while looking at labels in the supermarket. Come along to this free tour.

When: Wednesday October 3<sup>rd</sup> 7-8pm

Further information from the HSE Community Nutrition & Dietetic Service 091-861186

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Tuam Primary Care Centre

When: Wednesday 3<sup>rd</sup> October 1-2pm.

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Doughiska Primary Care Centre

When: Thursday 4<sup>th</sup> October 1-2pm.

### **Kerry**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Tralee Ashe Hotel

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: La Leche League Dingle Cake & Book and Information morning

Where: Gáirdín Mhuire Day Care Centre

When: Sunday September 30<sup>th</sup> at 11am.

### **Kildare**

Event: The Association of Lactation Consultants of Ireland annual All Ireland Conference

Where: The Glenroyal Hotel, Maynooth, Co. Kildare

When: Friday 28<sup>th</sup> and Saturday 29<sup>th</sup> September

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Maynooth Glenroyal Hotel (ALCI Conference- All mums welcome to the challenge even if not attending the conference)

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Coffee Morning Dunlavin Breastfeeding Support Group

Where: Seomra Imaal Hall, Dunlavin

When: Tuesday 2<sup>nd</sup> October 10-12md

Contact: Aliz 085 2848539

### **Kilkenny**

Event: La Leche League Kilkenny invite you to a Coffee Morning with Joan Fitzpatrick as their guest speaker discussing Stress management for Mothers.

Where: The Orchard Pub

When: Wednesday October 3<sup>rd</sup> at 10.30am.

Admission €5 includes Tea/Coffee

### **Laois**

Event: A celebration to mark National Breastfeeding Week. The Hospital and La Leche League Portlaoise invite you to *"Meet the Midwives and all staff"*

Where: Midlands Regional Hospital Portlaoise

When: Thursday 4<sup>th</sup> October at 3pm

### **Leitrim**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Carrick-on-Shannon Cineplex

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

## **Limerick**

Event: Launch of "We're Breastfeeding Friendly" Limerick

Where: Limerick City and County Council headquarters, Merchant's Quay, Limerick

Invitation only event

When: Wednesday 26th September, 10.30-12.30pm

Contact: [healthy.limerick@limerick.ie](mailto:healthy.limerick@limerick.ie) 061 557372

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Drombanna Day Care Centre (next to the Four Elms Pub)

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Events: University Maternity Hospital Limerick 1<sup>st</sup> to 7<sup>th</sup> October

- Stand at Main Reception and the Antenatal Clinic
- Radio interview with CMS Lactation Consultant – date and time to be confirmed.
- Breastfeeding Skills Workshop Thursday 10.30 -12.00

Event: Breastfeeding Support Group

Where: Hospital Resource Centre, Co. Limerick

When: Monday 1st Oct, 11am-12md

Event: Feeding Clinic

Where: University Limerick Maternity Hospital.

When: Tuesday 2nd Oct, 2-4pm

Event: Breastfeeding Support Group

Where: Annocotty Health Centre

When: Wednesday 3rd Oct, 11-12md

Event: Breastfeeding Support Group

Where: Millennium Hall, Raheen

When: Wednesday 3rd Oct, 11am-1pm

Event: Breastfeeding Support Group

Where: Murroe health Centre, Co. Limerick

When: Thursday 4th Oct, 11am-12md

Event: Breastfeeding Support Group

Where: Community Centre, Newcastlewest.

When: Friday 5th Oct, 10.30-11.30

Event: Feeding Clinic

Where: Barrack View Primary Care Centre, Edward St., Limerick.

When: Friday 5th October, 12pm- 3pm

## **Louth**

Event: Lunch Time Presentation on Two Breastfeeding Related Topics by Christine Burke IBCLC (for PHNs and SALTs).

Where: Room 19, Primary Health Care Centre, Barrack Street, Dundalk, Co Louth.

When: Wednesday October 3<sup>rd</sup> at 12.30

Event: Traveller Breastfeeding Awareness Morning to launch Traveller Breastfeeding Resource.

Where: The Redeemer Centre, Dundalk, Co. Louth

When: Tuesday October 2<sup>nd</sup> 11.00am to 12.30am

Event: La Leche League Dundalk meeting

Where: See La Leche League Dundalk Facebook for details.

When: Tuesday October 2<sup>nd</sup>.

Event: Our Lady of Lourdes Maternity Unit Drogheda – Coffee morning

Where: Multidisciplinary Room (MDR) Ground Floor

When: Monday 1<sup>st</sup> October 11-1pm

The Theme is 'Community'. Representatives from community supports are invited to join mothers to be and breastfeeding mothers. All welcome. There is a launch of the poster 'Breast is Best for Traveller Mothers'.

Event: Information and Teaching Session

Where: Our Lady of Lourdes Hospital Multidisciplinary Room

When: Tuesday 2<sup>nd</sup> October at 2.30 pm

**Theme: Women, Partners and Womens health**

Speakers: Brenda Pieper Callan IBCLC & Shineen Mallon IBCLC

Event: Information and Teaching Session

Where: Our Lady of Lourdes Hospital Multidisciplinary Room

When: Wednesday 3<sup>rd</sup> October at 2pm

**Theme: The baby in the Neonatal Unit**

Speakers Ann James, Midwife in Diabetes, Kathryn Evers IBCLC and Claire Tobin Dietician

Event: Information and Teaching Session

Where: Our Lady of Lourdes Hospital Multidisciplinary Room

When: Thursday 4th October at 2pm

**Theme: Support and discharge home**

Speakers Shineen Mallon IBCLC and Geraldine Gordon IBCLC

Refreshments available. All Welcome. Please join and celebrate breastfeeding for mothers and babies.

Event: Awareness Session on Breastfeeding provided by Lactation Specialist,

Where: Ardee Library

When: Friday, 5th of October at 11am

## **Mayo**

A Breastfeeding Promotion stand will be in the main foyer of Mayo University Hospital from Tuesday 25<sup>th</sup> September to 5<sup>th</sup> of October 2018.

Event: Extraordinary Breastfeeding Support Group - All Pregnant Mothers and Breastfeeding Mothers are invited to drop in for a chat.

Where: The Primary Healthcare Centre, Moneen, Castlebar.

When: Tuesday 2nd October 11:00-13:00

Event: A session on breastfeeding with Transition Year Students in Mayo (Celebrating the third year of this event)

Where: The Centre of Nurse and Midwifery Education.

When: Thursday 4<sup>th</sup> October 11:00-12:30pm

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Claremorris Primary Care Centre

When: Tuesday 2<sup>nd</sup> October 12.30-2pm



Event: Breastfeeding Education Sessions for Primary Care staff

Where: Ballinrobe Primary Care Centre

When: Tuesday 2<sup>nd</sup> October 2.30-4.30pm

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Ballina Primary Care Centre

When: Wednesday 3<sup>rd</sup> October 2-4 pm.

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Castlebar Primary Care Centre

When: Monday 1<sup>st</sup> October 10am-12pm

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Westport Primary Care Centre

When: Monday 1<sup>st</sup> October 2-4pm

## **Meath**

Event: Traveller Breastfeeding Awareness Morning to launch of Traveller Breastfeeding Resource

Where: Family Resource Centre, Navan.

When: Monday October 1<sup>st</sup> 10.30-12.30.

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Kilcock Wellness Centre

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Dunboyne Breastfeeding Party, Dunboyne Breastfeeding Group

Where: The Oak Centre, Dunboyne, Co. Meath

When: Wed 3rd Oct 10am -11am

Event: Kells Breastfeeding Support Group Coffee Morning

Where: Insomnia Cafe, Farrell Street, Kells

When: Wednesday, 3rd of Oct at 10.00.

### **Monaghan**

Event: Carrickmacross Coffee and Information Morning, to mark the 2 year anniversary of group. (The information session will be provided by a Chartered Physiotherapist and focus on maternal health in the post partum period)

Where: The Library, Carrickmacross, Co Monaghan

When: Friday 5<sup>th</sup> October 9.30-10.30.

### **Roscommon**

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Castlerea Primary Care Centre

When: Thursday 4<sup>th</sup> October 12-2pm.

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Boyle Primary Care Centre

When: Friday 5<sup>th</sup> October 12-2pm.

Event: Breastfeeding Education Sessions for Primary Care staff

Where: Monksland Primary Care Centre

When: Friday 12<sup>th</sup> October 12-2pm.

Event: Joint Meeting of Co. Roscommon Breastfeeding Support Groups - For those who are breastfeeding, hoping to breastfeed, interested in breastfeeding, supportive families – All are welcome!

Where: Hannon's Hotel, Roscommon

When: Sunday 7<sup>th</sup> October 11-1pm.

## Sligo

DATE	TIME	VENUE	EVENT DESCRIPTION	CONTACT
5 <sup>th</sup> Oct	10-12.30	Conference room, Primary care, Barrack street, Sligo	Breastfeeding workshop for TY students	Catriona Moriarty & Marita Keenan
1-5 <sup>th</sup> October	All Day	Sligo University Hospital	Breastfeeding promotion stand	Catriona Moriarty & Marita Keenan
2 <sup>nd</sup> Oct	11 - 12 midday	Ballinamore Health Centre	Coffee Morning	PHNs Imelda McWeeney, Marion Brogan and Laisir Carron
1-5 <sup>th</sup> October	All Day	Maternity Services, Sligo University Hospital	Focus on first feed	Catriona Moriarty & Marla Kennedy
1-5 <sup>th</sup> October	All Day	PHN Services Sligo & Leitrim	Scheduling of Breastfeeding visits	Anne Tully
1-5 <sup>th</sup> October	All Day	Markievicz House Sligo	Breastfeeding promotion stand	Anne Tully
1-5 <sup>th</sup> October	All Day	Primary Care Centre, Barrack Street, Sligo	Breastfeeding promotion stand	Anne Tully
1-5 <sup>th</sup> October	All Day	Ballymote New Primary Care Centre, Ballymote, Co Sligo	Breastfeeding promotion stand	PHN Patricia Carroll
4 <sup>th</sup> October	11.30- 12.30	Ballymote New Primary Care Centre, Ballymote, Co Sligo	Coffee Morning	PHN Patricia Carroll

## **Tipperary**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Clonmel Garden Centre

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Carrick on Suir Breastfeeding Support Group Coffee morning

Where: Primary Care Centre Carrick on Suir

When: 10.30-12.00

Event: Cuidiu meeting. Marie Meagher PHN/IBCLC is the invited speaker

Where: Kilfeacle Community Centre

When: Friday 5<sup>th</sup> October 10-12md.

Events: South Tipperary Maternity Unit Clonmel

When: 1<sup>st</sup> -7<sup>th</sup> October. Display Boards for Antenatal Clinic and Hospital Foyer to inform the public and service users of benefits of breastfeeding and local support groups.

When: 1<sup>st</sup> to 7<sup>th</sup> October. Breastfeeding Quiz for staff and mothers in the clinics and canteen. Prizes for correct answers that are drawn.

When: 1<sup>st</sup> to 7<sup>th</sup> October. Educational flashcards (which includes breastfeeding) for mothers in the antenatal clinic.

When: 1<sup>st</sup> to 7<sup>th</sup> October. Small gift will be presented to mothers and babies. The gift includes a Babygro, muslin cloth and hand cream for mum. Happy National Breastfeeding Week sticker on gift wrap.

## **Waterford**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Ardkeen Library 1<sup>st</sup> Floor, Ardkeen Shopping Centre.

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Dungarvan Library

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

## **Westmeath**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Athlone, Monksland Community Centre

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: La Leche League Mullingar meeting

Where: The Annabrook Hotel

When: Wednesday October 3<sup>rd</sup>

See La Leche League Mullingar Facebook page.

## **Wexford**

Event: Friends of Breastfeeding Quintessence Breastfeeding Challenge 2018

Where: Talbot Hotel.

When: Saturday 29<sup>th</sup> September. Registration at 10.30 Latch on 11am

For further information email [fobfchallenge@gmail.com](mailto:fobfchallenge@gmail.com)

Event: La Leche League Enniscorthy morning meeting.

Where: see La Leche League Arklow/Enniscorthy Facebook page for details.

When: Tuesday October 2<sup>nd</sup>,

Event: Coffee Morning

Where: Bernardos Centre, Enniscorthy Co.Wexford. Eircode Y21PX67

When: Thursday 4<sup>th</sup> of October 10-12md

Event: Wexford Local Radio interview with Liz Mc Garry PHN/IBCLC and local mothers

Where: Wexford Local Radio Station

When: Tuesday 2<sup>nd</sup> October (Time to be confirmed)

# National Breastfeeding Week

EVENT	Organised by	Date	Time	Location	Contact
1. LLL Coffee Morning	La Leche League	Monday, 1 <sup>st</sup> October	10.30 - Noon	The Hatter Tea Room Stranorlar	Jan Cromie 0860700402
2. LUH Coffee Morning	LUH / DMA	Tuesday 2 <sup>nd</sup>	11.00 – 12.30	Donegal Medical Academy, LUH	Geraldine Hanley Sarah Brennan
3. 1st Anniversary Celebration Coffee Morning	PHN Service	Tuesday 2nd	11.00am	Dunfanaghy Resource Centre	Labhaoise Temple
4. Coffee Morning & Talk on Baby Massage	PHN Service	Tuesday 2nd	11.00am	Conference Room, Primary Care - Stranorlar	
5. Coffee Morning	PHN Service	Tuesday 2nd	11.00 – 12.30	Conference room, Bundoran Health Centre	Sharon McGuinness
6. Medical Students' Research on Breastfeeding Presentation & Forum Stand	DMA	Wednesday 3 <sup>rd</sup>		NUIG Galway	Sarah Brennan
7. Coffee Morning	Spraioi & Sport/ PHN Service	Wednesday 3rd	10.00 – 1.00 pm	Spraioi & Sport, Carndonagh	Spraioi&Sport

8.	TY Information Session	LUH	Wednesday 3rd	10.30 – 11.30am	Conference Room (Main Foyer) LUH	Geraldine Hanley
9.	LLL Coffee Morning	La Leche League	Wednesday 3rd	10.30 - Noon	White Oaks Organic Centre Muff	Jane Donegan 0873658426
10.	Coffee morning	PHN Service	Thursday October 4th	11.00am – 1.00pm	Resource Centre, St. Johnston	Teresa Daly
11.	Screening of MILK	Cuidiú /DMA	Thursday 4th	7.00pm	Donegal Medical Academy, LUH	Cuidiu Eilis Quigley DMA
12.	Launch of Breastfeeding Support Group / Coffee Morning	PHN Service	Thursday 4th	11.00 – 1.00pm	Health Centre, Buncrana	Caroline McLaughlin
13.	Coffee Morning	PHN Service	Thursday 4th	11.00 – 1.00pm	Resource Centre, Downings	Eileen Duggan
14.	Breastfeeding Promotion & Coffee Morning	Ark Medical Practice	Thursday 4 <sup>th</sup>		Ark Medical Practice Letterkenny	
15.	Launch of Letterkenny Breastfeeding Group /Coffee Morning	PHN Service	Friday 5th	10.00 – 11.30am	Pastoral Centre, Letterkenny	Nicola Gillespie



16.	Celebration Coffee Morning	Letterkenny Breastfeeding Peer Support Group	Friday 5th	12.00 – 3.30pm	Sister Sara's, Letterkenny	Rosie Nic Cionnaith
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Events will be promoted on the ParentHub website / County Childcare Committee website

Parentstop will "Tweet" every day

Lifestart will promote events via the family visitors